

Parent Generalization Checklist

Helping Skills Travel Beyond Therapy

Step 1: Practice in (2) Locations

- ☐ At home (kitchen, bedroom, backyard)
- ☐ At school or daycare
- ☐ In the community (park, grocery store, restaurant)

Parent Tip: Try the same skill in a new place within 48 hours of learning it!

Step 2: Practice with (2) People

- ☐ Parent
- ☐ Sibling
- ☐ Teacher
- ☐ Grandparent
- ☐ Peer

Parent Tip: If your child only uses a skill with one person, gently prompt it with someone new.

Step 3: Practice During (2) Daily Routines

- ☐ Mealtime
- ☐ Bedtime
- ☐ Playtime
- ☐ Getting Dressed
- ☐ In the Car

Parent Tip: Embed the skill naturally instead of making it feel like "extra work."

Independence Check

- ☐ Used without prompting
- ☐ Used in a new setting
- ☐ Used with a new person
- ☐ Used spontaneously

When you can check off at least 3 boxes above, generalization is likely happening!